GOVERNMENT OF INDIA
HEALTH AND FAMILY WELFARE
LOK SABHA

UNSTARRED QUESTION NO:669
ANSWERED ON:18.11.2016
NMHS
Scindia Shri Jyotiraditya Madhavrao

Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

(a) the present status of the National Mental Health Survey (NMHS) conducted by the National Institute of Mental Health and Neurosciences; and

(b) whether the NMHS records the number of students suffering from mental health issues and if so, the details thereof?

Answer

THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(SMT. ANUPRIYA PATEL)
(a): National Institute of Mental Health and Neurosciences, Bangalore conducted National Mental Health Survey in 12 States of India viz. Kerala, Tamil Nadu, Gujarat, Rajasthan, Punjab, Uttar Pradesh, West Bengal, Jharkhand, Madhya Pradesh, Chhattisgarh, Manipur and Assam. The study documented the mental health system in each of these States namely availability of mental health services, hospitals, professionals, medicines and other resources. The summary report of the Survey was released on 10th October, 2016.

(b): The National Mental Health Survey interviewed adults (more than 18 years of age in the 12 States). It included a sample of adolescents (13 to 17 year old) in 4 States (Gujarat, Uttar Pradesh, Tamil Nadu and Jharkhand) across the 4 regions of the country. One of the key socio-demographic questions asked was whether the respondent was a student at the time of survey. Mental Health morbidity reported was as follows:

(i) Out of the total adolescents interviewed, 7.3% (Males: 7.5%: Females: 7.1%) had mental health problems. The prevalence of mental health problems among adolescents was nearly twice as much in urban metros as compared to rural areas.

(ii) Amongst those more than 18 years of age and reported as students, the overall mental morbidity was 4.7% and it ranged between 0.6% in Gujarat to 9.0% in Manipur.